

# Yellow Advertiser Southend

Week ending Friday June 14, 2019

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## Local News

Southend, Leigh, Belfairs, Prittlewell, Marine Estate, Chalkwell, Westcliff, Southchurch, Thorpe Bay, Shoebury, Great Wakering, Eastwood

# GBH TEEN IS JAILED

by Michael Cox

southend@yellowad.co.uk

A TEENAGER has been jailed after attacking a man who challenged him and two others who were planning to steal from a food store in Southend.

Jordan Horner, 19, of no fixed address, was handed a 40 month jail term for grievous bodily harm when he was sentenced at Southend Crown Court on Tuesday, June 4.

He also received a concurrent four month sentence for actual bodily harm.

Horner knocked the man to the ground and kicked him on the floor outside Sainsbury's in Southchurch Road, on Sunday, March 5 2017.

The attack left the man with numerous injuries, including a bleed on the brain and a fractured eye socket.

The victim and his girlfriend had been out when they stopped at the Sainsbury's store at around 10.20pm on the night of the incident.

He overheard Horner, Liam Spearman and a third person talk about stealing from the shop.

He alerted staff members as Spearman, now 18, of West Road, Shoebury, picked up a case of beer and put it under his jacket.

Spearman was stopped by three staff members while the victim was



JAILED: Jordan Horner

outside with Horner and the other suspect.

Horner then assaulted the victim and punched a staff member in the face a number of times.

They all ran off and Spearman was arrested that night, while Horner was arrested by an Essex Police special constable in April 2017.

The member of staff who was attacked suffered swelling to his nose and bruises to his face.

Spearman, also sentenced at Southend Crown Court on June 4, received an 18 month jail term suspended for two years for affray and a three months suspended sentence for theft.

He was ordered to complete 200 hours unpaid work and 60 days rehabilitation activity requirement.

Horner and Spearman, who pleaded guilty to the charges against them, will both pay a victim surcharge and the victim will receive

a High Sheriff cash reward for his actions.

Investigating officer PC Neil Utley, of Southend CID, said: "The victim had been out for the night when he overheard three teenagers planning their crime.

"He told shop workers and waited as Spearman attempted to steal alcohol. Horner then, without warning, carried out a violent attack on the man, repeatedly kicking him while he was laying on the floor.

"Horner, Spearman and a third youth continued to remain in the area before a shop worker was also assaulted.

"I would like to praise the victims for their bravery. One of the men suffered serious injuries, including a bleed to the brain, and he has showed courage to try and overcome both emotional and physical trauma.

"I hope this outcome and the court reward offers some form of justice.

"Horner and Spearman were juveniles when they carried out their attack but have been sentenced as men in court and can now be identified."

PC Utley also asked for the public's help in identifying the third suspect and asks anyone with information to call him on 101 or Crimestoppers anonymously on 0800 555 111.

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# Essex volunteers collect a Queen's service award

by Michael Cox

havering@yellowad.co.uk

A RECORD number of Essex voluntary groups have been announced as winners of The Queen's Award for Voluntary Services.

Nine different groups from the county were honoured with the accolade, which is the highest award a voluntary group can receive in the UK.

One of the winners was Havering and Brentwood Bereavement Service (HBBS).

It provides counselling support to young people, adults, and families across the boroughs of Havering, Brentwood and Basildon.

The service celebrates its 30th birthday next month and chair of trustees, Sue Newth-Gibbs, described the award win as a "very special present".

She added: "We are delighted and proud to receive this award. We hope that it will enable us to further raise the profile of our service by reaching out to support more people in the community and attracting potential donors and grant providers."

SOS Rape Crisis, established in Southend, is also to be presented with



AWARD: Laura Burroughs, service manager SOS Rape Crisis

the accolade. The service offers support for women and girls from Southend, Castle Point and Rochford who have been victims of sexual violence.

Laura Burroughs, service manager, said: "Everyone at SOS Rape Crisis is extremely proud to have been awarded The Queen's Award for Voluntary

Services.

"The whole team, volunteers, trustees and sessional and contracted staff are committed to providing specialised sexual violence support for all ages as well as providing awareness raising and training opportunities."

Another winner was Footprints

Community Group, which has worked in Rochford for 12 years providing activities for young people to make a positive impact on their lives.

The nine Essex winners will receive their award from Jennifer Tolhurst, Lord Lieutenant of Essex, later this summer.

## NEWS IN BRIEF

THE NHS in Southend is supporting national Diabetes Week in a bid to increase people's understanding of the condition.

The week is taking place up until June 16 and this year's theme is to 'see diabetes differently'.

Dr Sami Ozturk, clinical lead for diabetes for the Mid and South Essex Diabetes Sustainability and Transformation Partnership, said: "Diabetes Week is not just about raising awareness, it's also about understanding how it feels to live with it."

"Having an understanding of diabetes is key to helping people live better."

A SOUTHEND charity marked Volunteers Week with an afternoon tea.

Southend in Sight, which supports the visually impaired, held the event at Essex Bowling Club to celebrate the efforts of its own volunteers.

Charity chief executive Lucy Martin said: "Without the help and support of our volunteers, we would not be able to provide the level of service that we do to the local visually impaired community."

SOUTH Essex College is hosting a silk painting festival at its Southend campus next month.

The college's Luker Road campus will be the setting for the Guild of Silk Painters National Festival, which will feature an exhibition of artists' work and workshops on techniques such as eco print dyeing and screen printing.

The event is taking place on Saturday, July 13 and Sunday, July 14.

To find out more about the festival, including a full list of workshops, and to book tickets, visit [essexsilkpainters.co.uk/national-festival-2019/](http://essexsilkpainters.co.uk/national-festival-2019/).

# Not guilty - man acquitted of child abuse as CPS offers no evidence

A SOUTHEND man who was charged with sex assaults against children has been exonerated by a court.

Timothy Eastwell, 58, of Woodcote Road in Leigh on Sea, was charged

with touching young children's genitals and causing children to touch their own genitals.

He was charged in October last year and appeared in court in January

to deny the alleged offences.

But the Crown Prosecution Service has now offered no evidence against Mr Eastwell and dropped all of the charges, prompting the court to for-

mally find him not guilty.

The acquittal was handed down on May 31 but could not be immediately reported due to a court gagging order.

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## NEWS

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# New police appeal over Barrymore pool death

by Charles Thomson

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ESSEX Police has issued a fresh appeal for information about the death of Stuart Lubbock, after entertainer Michael Barrymore discussed the case in a high profile interview with Piers Morgan.

Mr Lubbock, 31, from Harlow, was found in a swimming pool at Mr Barrymore's Roydon home in March 2001, and later died in hospital, having sustained multiple injuries.

Mr Barrymore, who was one of Britain's biggest primetime television stars at the time, was arrested on suspicion of murder.

However, the High Court recently ruled that the presenter was unlawfully arrested.

Mr Barrymore discussed the incident in an episode of Piers Morgan's Life Stories, which aired on ITV1 on Saturday night, June 8.

He told Mr Morgan that Mr Lubbock's family 'deserves proper answers' but added: "I had nothing to do with Stuart. I am innocent. I am not 99.9 per cent innocent. I am 100 per cent innocent, and I am entitled to walk around with my head held high for the rest of my life."

Mr Barrymore said he understood why he may have looked evasive by not testifying at Mr Lubbock's inquest, but he had been following lawyers' advice.



**HELP: Police launched a new appeal over the mystery of Stuart Lubbock's death.**

He said: "I can see lots of things in hindsight... I'm sorry. I couldn't be more sorry. I have to live in hope that somehow, somewhere, there will be an answer. I just hope it will be within what is left of my life."

In response to the interview, Essex Police said its investigation into Mr Lubbock's death remained open.

Assistant Chief Constable Tim Smith, head of the Kent and Essex Serious Crime Directorate, said: "The investigation into Stuart's death, and how he sustained such serious injuries, is still open. We owe it to him and his family to piece together exactly what

happened in the swimming pool at Mr Barrymore's home in 2001."

An Essex Police spokesman added: "Although it has been 18 years since Stuart's tragic death, the pain of his loss and not really knowing what happened to him is no less painful for his father and family. They still want and need answers. The passing of time can mean that loyalties change, and we would urge anyone who now wishes to come forward to us with information about Stuart's death to do so. It is never too late to do the right thing."

Anyone with information was urged to call Essex Police on 101.

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## Tides



High tide at Southend Pier (BST)

Thu:	0957	5.40	2219	5.30
Fri:	1100	5.50	2319	5.40
Sat:	1155	5.60		
Sun:	0012	5.60	1243	5.60
Mon:	0059	5.70	1325	5.70
Tue:	0143	5.70	1404	5.70
Wed:	0225	5.80	1442	5.70

High tide at Tilbury (BST)

Thu:	1028	6.00	2251	5.90
Fri:	1133	6.20	2352	6.10
Sat:	1228	6.30		
Sun:	0044	6.20	1315	6.30
Mon:	0131	6.40	1357	6.40
Tue:	0215	6.40	1437	6.40
Wed:	0258	6.50	1515	6.30

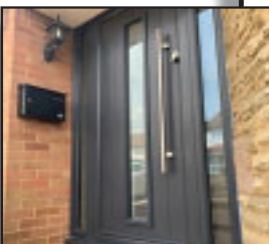


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# Library cuts protest march



MORE than 600 people descended on County Hall last week to protest against the planned closure or privatisation of up to 44 libraries.

Campaigners braved wind and rain to march through Chelmsford on Saturday, June 8.

Organiser Andy Abbott said: "Other than the weather, which was more October than June, the day went very well.

"Essex has seen an unprecedented level of protest. Sixty-thousand have signed petitions. Hundreds upon hundreds have protested in towns and villages. And now our county town has seen the two largest protests it has seen in decades.

The message to Essex Council is loud and clear: Essex says no to this act of cultural vandalism."

Tories plan to axe 25 libraries, including in deprived areas like Vange and Fryerns, Basildon. A further 19 also face possible closure as County Hall will refuse to run them, only offering 'support' if new organisations take them on.

The cuts would save £2million a year. Essex Council blamed the plan on a drop in usage.

Mr Abbott replied: "In response to austerity, libraries had their opening hours cut and the number of books was cut. Imagine if a book shop did business like this. It would lose customers."

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## Back Pain And Sciatica Workshop – Back By Request...

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**“Get Relief From Back Pain, Find Out What’s Going Wrong, Or Just Get A Solid Second Opinion, When You Attend This Free Back Pain Workshop?”**

*By Leading UK Back Pain Expert, Wendy McCloud*

If you or a loved one is suffering from chronic back pain – so bad that it can even stop, you from walking – then I'd like to **invite you to attend this free workshop** which may best the most important thing you do this year. It may unlock the agonising mystery of your back pain and show you a way to get back to the life you had before back pain struck...



- A life where you can sleep at night without tossing and turning, hoping to find that one position where the pain stops.
- A life where when you wake up in the morning and it doesn't take 20 mins to get out of bed...And then another 20 minutes to get your slippers on because your back is feeling so stiff, tight and painful.
- A life where you can be confident that you can pick up and play with your children/grandchildren without worrying about if your back will "go out" or "spasm" which leaves you upset, frustrated or even depressed as you are now crippled either on the floor or in a chair scared to move.
- A life where you too can enjoy all the other things you see others doing that you currently can't due to your back pain...Basically a life without the curse of back pain.

**If You Feel Let Down, Disappointed, And Even Sceptical About What Can Be Done To Help You, Then Read On...**

My name is Wendy McCloud, one of the UK's leading back pain specialists, and I've been helping people like you live with much less back pain for 12 years now.

What we know is that so many people are confused or disappointed by the advice they've previously been given, unsure and sometimes even angry that they didn't get the results they were hoping for and promised and perhaps now are feeling sceptical about the chances of living with less back pain in the future... in fact a lot of people with chronic back pain cannot see a future that includes happiness and I speak from personal experience as I too am a chronic back pain sufferer but I have got my life back and I can totally empathise with anyone who is struggling with it... And that's why I created this free one hour Workshop entitled: **"The Best Kept Secrets Of Easing Lower Back Pain And Sciatica - And Staying Better!"** and I decided to make it free so my team and I can help as many people as possible escape the daily grind of back pain. It's FREE to you and a family member or friend to attend.

### Here's What You'll Learn At This Back Pain Workshop

- Discover how to get to the root cause of your back pain and make sure it never comes back
- Why pills, visiting your GP, NHS physio, other private physios, spinal adjustments/cracking your back haven't solved your problem yet!
- The number one cause of low back pain...Do you have this one?
- The most successful treatments for low back pain that doesn't involve pills, injections or surgery.
- Take home with you on the day the best exercises that will help you get out of pain fast and will help to get you more mobile and worrying less about your back.

We think when you come along that you will agree with many attendees who have come to this workshop before you, who now say that there truly is a life free from low back pain, even if like me have suffered for 20 years or more.

If you're currently seeing a doctor or another healthcare provider but not getting the results you are looking for, or you are thinking about going to see someone, or you are living a life popping gut rotting pills or you just don't know what to do for the best, then please consider coming along to this FREE 60 minute workshop which will reveal "The Best Kept Secrets For Living With Less Back Pain and Staying Pain free!"

### You Should Attend This Workshop If:

- You are aged 40+ and you suffer from low back pain – or pain, pins and needles or numbness in your leg that gets worse when you sit or stand or walk further than 10 minutes.
- You have been told you've got sciatica and you have been given pills or told it's your age and you have to live with it.
- You want to end this back pain naturally so you can get back to walking, running, cycling or whatever it is you are currently missing out on.

### You Should Not Attend This Workshop If:

- You are attending just out of "curiosity". We have just 10 seats available so please do not take up a seat from someone who genuinely needs and wants our help.
- You have a closed mind and won't listen to or take on any new advice
- You want your back clicked as you think that's the problem solved. All the clicks and cracks are a quick pain reliever and won't fix cause of the problem.

### If You Meet Our Criteria Above Here's What To Do Next...

Please call us now. Lines open today at 9am. We only have "10" seats available for the next Workshop to be held on **Saturday 15th June at 10am.**

Please phone us today to register your interest, to ask questions or secure your seat by calling us on **01702 613542**. You can leave a message, 24 hours and we will get back to you.

*Sincerely, Wendy McCloud*

**P.S.** This Back Pain And Sciatica Workshop will take place at our **Southend Clinic, on Christchurch Road**. Spaces are limited, so please call NOW on: **01702 613542 to secure your seat**. Tea, coffee, soft drinks and refreshments will be provided for you. **We know you will breathe a sigh of relief** once you realise how easy it is to finally start living life again as you want, with much less back pain and without the need for pills, injections, scans, x-rays or surgery!

**P.P.S.** Just to confirm no-one will ask you for any money for anything else when you call **01702 613542** or you can go online at [www.wdcphysiotherapy.co.uk/workshops](http://www.wdcphysiotherapy.co.uk/workshops) to save your seat at this event.



# Grove Wood superheroes

Children at a primary school in Rayleigh dressed up as superheroes this week. Pupils from the early years foundation stage at Grove Wood Primary School, on Grove Road, did their best impression on Monday of the like of Batman, Spiderman and Wonder Woman.



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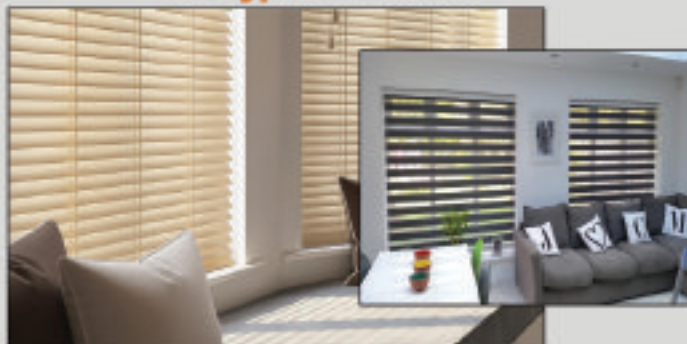
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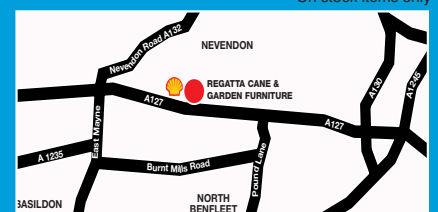
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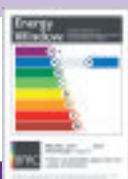
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## We can be heroes just for one day

THEY are all well into their 90s now, the survivors of the D-Day landings.

They are a proud bunch - their chests emblazoned with medals - but their generation are not in the habit of bigging themselves up, even though they are the ones with the most reason to.

The stories they tell tend to be about camaraderie, because unless you were there you simply could not understand the rest.

So they stand once again, as soldiers, sailors, airmen - defined by their actions of 75 years ago - not for themselves but in honour of friends who died right next to them - shells and machine gun fire raining down as they ran onto the beaches of Normandy that day in June 1944.

Their last duty is to represent those who died and they do it with honour and humility.

How they made it through when others all around them fell, the graphic detail forever etched into their memories, they put down to luck, still unable to understand why out of all those bullets, every one missed yet for the sake of a few inches someone else perished.

They are bona fide heroes that we owe everything to for the freedoms we enjoy today. Maybe we should stop taking

those things for granted.

These young men were terrified and are not afraid to admit it, yet they pushed on, regardless of the horrors around them, and they prevailed because the alternative was not acceptable.

That's true heroism and it should never be forgotten, or the reason for it.

The far right must never again be allowed to get a foothold by exploiting economic or political unrest for its own twisted ends.

We owe it to those 90-year-old giants among men and we owe it to ourselves.

■ I'm no fan of Donald Trump - he is the least statesmanlike of all statesmen.

But while I defend the right of people to engage in peaceful protest over his state visit last week, we need to separate the man from the office.

There was a thuggish element about the banner waving and sloganeering which was hypocritical considering these people were claiming the moral high ground over the petulant man-child presently serving as US President.

Considering some of the monsters we've rolled out the red carpet for it was silly to get so hot under the collar. I may not like him, but at least he was democratically elected.

And apart from his tweet

about Saddiq Khan before even disembarking at Stansted, (it may have been true, but it was unworthy of the leader of the free world) he was on his best behaviour.

Which can not be said about Jeremy Corbyn.

Breaking bread with Hamas and Hezbollah is OK, but he can't attend a banquet for the obnoxious billionaire businessman president and his trophy First Lady?

Maybe the white tie thing and that baked beans weren't on the menu put him off.

As for the deer caught in the headlights that is Melania, things did not look good as she descended from Air Force One, her dead, trapped in purgatory eyes - the only thing which tells us there is a sad, defeated person inside that stone-faced porcelain-shelled clothes horse - hidden behind designer sunglasses.

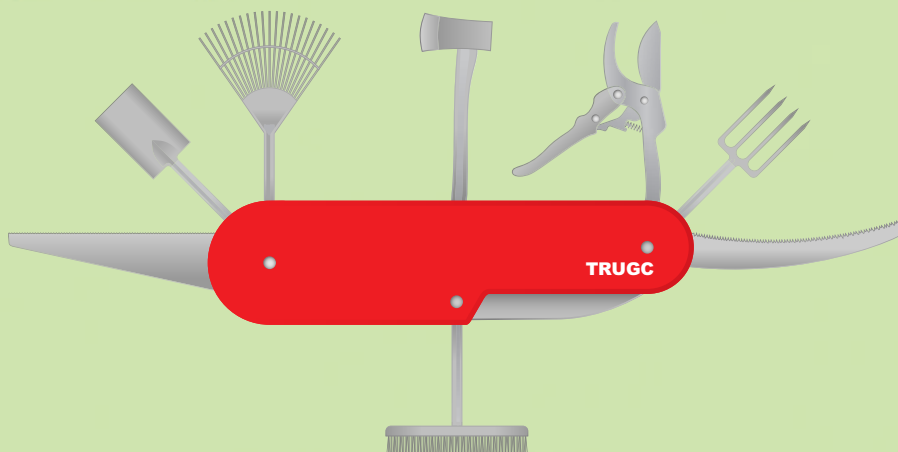
But as the visit wore on there were moments of inexplicable softening of the features and then, at Portsmouth amongst those old war heroes, a smile.

The way she was looking at our Queen as Her Majesty basked in the company of what she described in her speech as "my generation" showed genuine admiration and affection.

I have never seen her look at her husband in that way.

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# New classrooms for Chalkwell

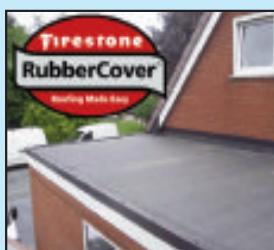


TEMPORARY classrooms that have been in place for almost 40 years at an infant school in Leigh are to finally be replaced with a new building.

A plan for the demolition of three temporary buildings at Chalkwell Hall Infant School and for the construction of a new building housing new classrooms was approved by Southend Council's development control committee at a meeting last week.

A report before the meeting said the three demountable classrooms were installed 39 years ago and "are now reaching the end of their useful life".

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# Sugar ban at schools

ALL schools in Havering should be sugar-free by 2022, according to the health committee of the London Assembly.

The committee published a report last week investigating how to improve children's dental health in the capital.

One of its recommendations to Mayor of London Sadiq Khan is that every school in the capital should be sugar-free by 2022, and suggests becoming sugar-free should be a mandatory condition of a school receiving a Healthy Schools London award.

The report said: "While schools are legally allowed to serve some sugary items, numerous schools across the capital have voluntarily become sugar free."

"Some have gone even further and serve water only, banning all carbonated drinks regardless of sugar content."

"We think that the mayor can make a bold statement and try to encourage every single school in London to become sugar free by 2022."

"Public authorities should organise familiarisation events at a borough or wider level between early years and education providers, local food suppliers and retailers, and public health experts."

"These should aim to improve the quality of food provided by strengthening supply chain relationships."

The report makes a call for a supervised tooth brushing scheme at all London schools, saying every organisation who responded to the investigation discussed this.

"We heard how much of a difference supervised brushing can make to a

young child's dental health,

by building good habits that last a lifetime," it said.

"Schools and early years staff will need training to deliver this, which could be done through working with NHS London to identify child oral health leads across each borough."

The report also concluded that every child in the capital needs to see a dentist before they turn one year old.

It said dentists should remind expecting parents about the importance of child dental care.

"Public Health England recommends that a parent take their child to the dentist when their first tooth shows, or at least by age one."

"This is not just to check for issues, but it helps children get used to what a check-up is like and cements healthy habits for life."

The committee, made up of assembly members, spoke to dentistry experts and reviewed written evidence.

Chairman Dr Onkar Sahota AM said: "Research in recent years has told us just how dangerous excess sugar is in our diet."

"Tooth decay and diabetes are just some of the many negative outcomes if precautions are not taken."

"Schools are the centre of a child's education and a commitment to sugar-freedom would be revolutionary. Every child in London could have a sugar-free start in life – the health benefits would be enormous."

"The Mayor has the clout to encourage families and schools to make sure London children see dentists as early as possible, be part of a supervised



brushing scheme and keep sugar to a minimum." Cllr Jason Frost, Havering Council's cabinet member for health, said: "As one of six pilot areas in London to take part in the Healthy Early Years London programme, Havering has been taking great strides to ensure that our children look after their teeth from an early age."

"Working in partnership with other organisations, we've already delivered a fun and interactive Let's Talk About Teeth programme to more than 40 pre-schools, nurseries and day centres looking at avoiding tooth extractions, sugar content in their food and drinks, diet and supervised tooth brushing. The programme also provides infor-

mation and support for parents."

"This is in addition to another 40 services supporting children that have signed up to the Healthy Early Years Programme to improve children's dental health across the borough."

The YA contacted the Mayor of London's office but did not receive a response at the time of press.

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# MRI scans help take the guesswork out of pain

**F**OLLOWING months of being in pain, Essex businessman Michael\*, was desperate for answers to what was causing his back pain. Self-employed, he was unable to take extended time off from work but was concerned not knowing what was causing his pain might be making the problem worse and was stopping him from receiving the most effective treatment.

Here, he tells his story:

"I work all over the country running my business and when my back started to hurt in 2017, I just put it down to sitting down all of the time and driving. But the pain, and limited movement, got worse and worse and I started to worry about being able to work at all.

"My doctor did their best, but it was guesswork really to find out what was wrong and causing the pain, so it was difficult to get an effective treatment plan together and a referral to the hospital was going to take months. Painkillers didn't really work and exercise and physio didn't seem to be effective either. I began to get worried it was something more sinister and it started to prey on my mind.

"A friend of mine mentioned he'd had an MRI scan which had helped them find out what was causing pain in his shoulder and neck and I knew there was a scanning centre locally, so I went online to MRI Plus in Leigh-on-Sea. It's literally a few miles from where I live in Essex and I found out I could book an appointment myself online, which I did, for the next day. This was all great, as I travel so much.

"As I didn't want to wait any longer than necessary, I also made an appointment with the in-house GP for a private consultation. She was great and saw me the next day. We talked about whether an MRI scan, ultrasound or X-ray would be best to help diagnose my problem and she referred me for an MRI scan. I did everything all on the one day, which was really convenient. Everyone was so friendly, from the receptionist who helped me make my appointment, through to the radiographer.

"I chose to have my results sent to my own GP, and it was a great relief to find out there was nothing too serious to worry about. And I had the results within two days too. Now

we knew exactly what was causing the pain in my back, my doctor could refer me to the right people to help.

"My back is almost completely sorted now and I'm no longer worried about missing work. Being able to make an appointment at a local centre, at a time that was suitable for me and where I could be referred straight through for my scan was brilliant."

Do you want to find out what's causing your pain? An MRI, Ultrasound or X-Ray may be able to find the source of your discomfort.

## What do I need?

You can be referred for a self-pay MRI scan by your healthcare professional (a consultant, GP, osteopath, chiropractor or physiotherapist). They'll give you a referral letter telling us which body area needs to be scanned to find the cause of your pain. You can also book your own private MRI scan – all we need are the details of a health professional to send your results to.

## How much is it and how do I pay?

MRI scans start at £199, ultrasounds from £60 and x-rays from £49. Costs will vary dependent on which type of scan you require and how many body areas require scanning. And if you don't already have a healthcare professionals' referral, our private GP service offers fast access to experienced male and female doctors and appointments at a time convenient for you. Our GPs can make direct referrals to MRI Plus services such as MRI, X-Ray and Ultrasound scans and can make onward referrals if requested.

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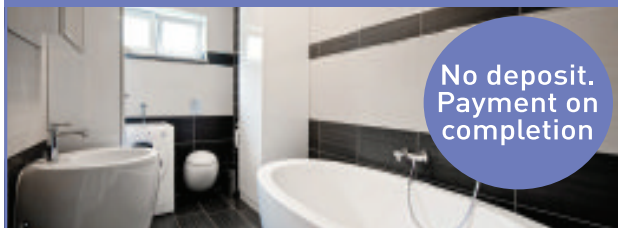


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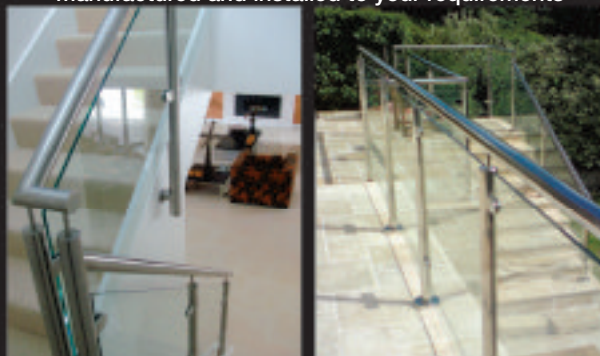
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REGAL Kitchens has been named Retail Business of the Year at the annual awards ceremony sponsored by PMGC.

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Phil Edgell, director of the firm, said: "We are delighted to receive this award. It again proves our dedication to creating perfect kitchens for our customers."

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Putting the customer at the heart of everything it does, the company has developed its own customer charter which includes a 10-point promise.

Phil added: "We thank our staff for maintaining our motto: Where Client is King."

For more about Regal Kitchens please visit our Billericay branch at 2F Whitesbridge Retail Park, Crays Hill, Billericay, CM11 2UL or call on 01268 525922.

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# LIFESTYLE

## 20 years of Irish magic



**R**HYTHM Of The Dance, the spectacular Irish dance show, is celebrating its 20th anniversary and comes to Basildon's Towngate Theatre on Friday June 21.

Created in 1999, Rhythm Of The Dance is a spectacular two-hour dance and music celebration of Irish culture; full of flailing feet and fiddles, futuristic dances, eye-catching lighting and costumes, and sensational sound effects. This stunning show is inspired by the epic journey of the Irish Celts throughout history, and is considered one

of the top 3 Irish step dance shows in the world.

With a dazzling 25 costume changes, this music and dance extravaganza - featuring world champion dancers and traditional Irish band and the show presents the ancient and modern by combining traditional dance and music with state of the art technology to give audiences of all ages a unique experience.

The multi-award winning show has performed to over 7 million people in more than 50 countries across the globe.

Dane McKiernan is choreographer and lead dancer in the show. Dane has been dancing since he was six and began touring the world in 2007 with the National Dance Company of Ireland's Rhythm of the Dance.

In 2009 he joined Riverdance and in 2012 was part of the modern Irish dance group Prodigy which won Sky TV's Got to Dance.

He subsequently toured with Prodigy in the show Footstorm and returned to Rhythm of the Dance in 2014 as lead dancer and choreographer.

His fellow lead dancer is Amy Marie Prior. Amy turned professional when she was 18 and completed her first tour in Russia and Europe in 2015 and in 2016 joined Rhythm of the Dance as lead female dancer.

The dancers are among the most accomplished Irish dancers in the world. Rhythm of the Dance is proud to boast numerous national, international and world champion dancers; their dedication to the art form of Irish dance is clearly evident onstage.

With their graceful movement

and disciplined control they make the complex choreography look easy; what is not evident is the off-stage commitment required to reach the pinnacle of Irish dance demanded by the show.

With the rigours of touring - often every night of the week - and constant rehearsals and practice, working and re-working routines mean a 24/7 dedication.

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# DIEGO FILM LACKS PUNCH



DIEGO MARADONA (12A, 127 mins) Documentary.

LONDON-BORN filmmaker Asif Kapadia collected numerous awards including two Baftas for his turbo-charged documentary *Senna*, which constructed a multi-faceted portrait of sporting genius from hours of race footage, photographs, interviews and archive material.

Three years later, he collected another Bafta and an Academy Award for his deeply moving and provocative account of the rise and fall of Amy Winehouse, which candidly addressed the singer's bruising battle with drug and alcohol addiction.

In his impeccably-constructed new documentary, Kapadia focuses on a deeply divisive figure, who emerged from the rubble of his spectacular self-destruction and has continued to make headlines off the football pitch.

Diego Maradona begins on July 5 1984 with grainy footage of cars slaloming at speed through the winding streets of Naples bound for the Stadio San Paolo.

Twenty-three year-old Diego Armando Maradona is about to be unveiled to more than 75,000 frenzied fans of ailing Serie A side SSC Napoli.

Club president Corrado Ferlaino has paid a record-breaking £6.9 million to Barcelona, hoping that the Argentinian striker can loosen the stranglehold of clubs in northern Italy over the league.

Maradona's superstar status doesn't extend to lavish perks.

"I asked for a Ferrari and got a Fiat," jokes the footballer in a voiceover.

Diego Maradona lacks the emotional gut punch of *Senna* and *Amy*, but is nonetheless a compelling snapshot of a self-made celebrity, who precipitated his own demise.

The intriguing dilemma of Maradona's divided loyalty, exemplified by his captaincy of Argentina against Italy at the 1990 World Cup, isn't fully addressed on screen and remains a tantalising loose thread.

On this one occasion, Kapadia's film fails to emulate its charismatic subject and score in front of open goal.

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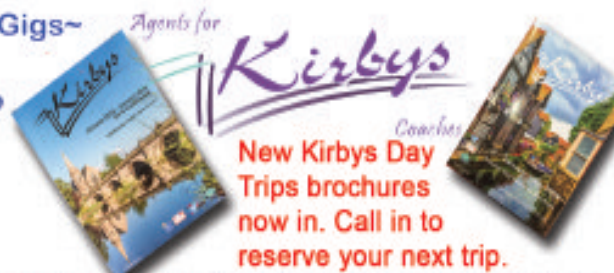


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Internally the property boasts a large kitchen/diner with island, separate lounge, three good sized bedrooms and family bathroom.

Lounge - 15'03 (into bay) x 10,09 (4.65m (into bay) x 3.05m) - double glazed bay window to front, wood effect laminate flooring.

Kitchen/Diner - 16'08 x 13'01 (5.08m x 3.99m) - inset spotlights in the kitchen Upvc double glazed window to rear and French patio doors leading to rear garden, matching wall and base units with complementary work surface, stainless steel sink and drainer, centre island/breakfast bar with storage and wine rack under, integrated appliances including cooker with four ring gas hob and extractor over, washing machine, dish washer and tall fridge and freezer, wall mounted combina-

tion boiler concealed in wall unit, wall mounted radiator, wood effect laminate.

Bedroom One - 15'02 x 10'00 (4.62m x 3.05m)

Bedroom Two - 13'01 x 10'0 (3.99m x 3.05m)

Bedroom Three - 7'11 x 6'04 (2.41m x 1.93m)

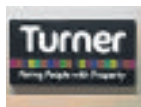
Bathroom - 7'07 x 6'03 (2.31m x 1.91m)

Rear Garden - West backing approx 40ft garden with slabbed patio area with remainder laid to lawn, fence to all boundaries, shed at the rear of garden.

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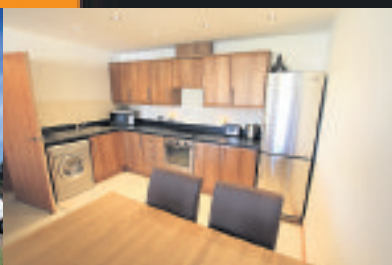
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# Turner



## Optical Court, Kenway, Southend-On-Sea, SS2 5DZ £200,000 - £220,000

This VERY SPACIOUS two double bedroom purpose built apartment in fantastic condition has become available. Offering a huge open plan living room and fitted kitchen with appliances to remain. Two DOUBLE BEDROOMS and large family bathroom. Situated within walking distance to mainline rail stations and town centre. The property also benefits from allocated OFFSTREET PARKING.



## Ramuz Drive, Westcliff-On-Sea, SS0 9JN Offers in Excess of £300,000

We are delighted to bring to the market this extremely well maintained and refurbished three bedroom family home. With only a short walk to Chalkwell park, local shops and train station, this property is in an ideal location. Internally the property boasts a large kitchen/diner with island, separate lounge, three good sized bedrooms and family bathroom. To fully appreciate what this property has to offer, call Turner Sales & Lettings to book a viewing.



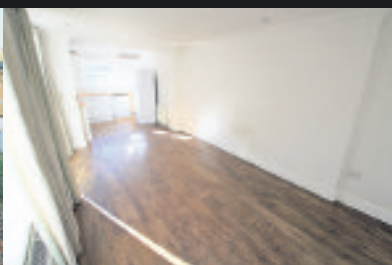
## Scarborough Drive, Leigh-On-Sea, SS9 3EE £449,995

Turner Sales offer this extremely spacious 3 bedroom 2 reception room semi-detached chalet bungalow that has huge potential to extend. Situated a short walk from Broadway and Chalkwell mainline station. This double width property benefits from large lounge/diner, kitchen breakfast room, three good sized double bedrooms one with en-suite and changing room, large garden with summer house and off street parking for several vehicles and attached large garage. Call to arrange a viewing.



## Oakleigh Park Drive, Leigh-On-Sea, SS9 1RT £479,950

Turner sales offer this exceptional three double bedroom detached bungalow. Situated in the heart of Leigh-On-Sea and a short walk from Broadway and Chalkwell mainline station. This stunning property really does have everything on the menu and boasts three double bedrooms, two bathrooms, large lounge diner contemporary kitchen, beautiful West backing garden and off street parking.



## Avenue Road, Westcliff-On-Sea, £225,000

Offered with NO ONWARD CHAIN is this Two bedroom ground floor flat situated in the heart of the Milton Conservation Area and within walking distance to the C2C line station and town centre. The property boasts an off street parking space and share of a SOUTH BACKING rear garden. Internally the property offers two bedrooms, lounge/kitchen, bathroom and separate shower room. Call to book a viewing.



## Tattersall Gardens, Leigh-On-Sea, SS9 2QT £475,000

A two bedroom detached bungalow situated in the ever popular MARINE ESTATE and in the catchment area for WESTLEIGH SCHOOL. With the correct planning permission, this property has fantastic potential to be extended. Internally the property boasts a loft room, kitchen, separate dining room, lounge, two double bedrooms and shower room. Externally, the property has a garage and OFF STREET PARKING FOR MULTIPLE CARS. To book an internal viewing please call.



## Pall Mall, Leigh-On-Sea, SS9 1RF £198,000

With a very short walk to Leigh Broadway and Station, this two bedroom MAISONETTE is in an ideal location. The property boasts OFF STREET PARKING to the rear. Internally, the first floor offers a large lounge/diner, kitchen and bathroom, the second floor has two double bedrooms. The property is being offered with NO CHAIN



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floor there are four bedrooms, three with en-suites with the master bedroom being a substantial room and this in turn features a large master bathroom/en-suite with Victoria & Albert stand alone bath, walk in shower unit and his and hers sinks.

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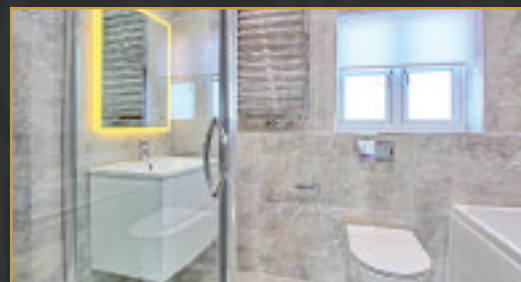
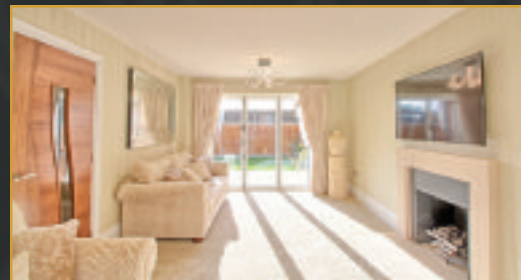
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## New Audi A6 allroad on the way

By David Whinyates

THE latest generation of Audi's legendary A6 allroad quattro will hit Britain's byways and highways later this year with prices starting from around £55,000.

This fourth generation of the go-anywhere estate car builds on the recently-launched A6 Avant but is a very different beast indeed.

It comes with standard quattro all-wheel drive, eight speed Tiptronic auto transmission, adaptive air suspension and increased ground clearance.

The adaptive air suspension with controlled damping has been tuned specifically for the A6 allroad quattro and can increase the ride height by up to 45mm depending on the road speed and mode set in the Audi drive select system.

In auto and comfort modes, the A6 allroad quattro sets off at standard ride height with a ground clearance of 139mm, which is then actively adjusted according to speed. If the highest ride height is selected at speeds of up to 22mph, the body is raised 45 mm. The

body is lowered automatically when this speed is exceeded. At motorway speeds of above 74mph, the ride height is lowered by 15 mm.

If the driver sets off in offroad mode, which covers speeds up to 49mph, the body is 30 mm higher than the normal ride height. Travelling at very slow speeds below 22mph, lift mode adds another 15 mm, raising the ground clearance 45 mm above the normal position.

In addition to the specially adapted suspension, the A6 allroad quattro offers additional comfort features including standard hill descent control and tilt angle assist. When negotiating light terrain, the driver can call up a display on the MMI monitor, which shows the tilt angle in the longitudinal and transverse directions and if the vehicle is at risk of tipping over, a warning appears.

Two V6 diesel engines with 48v mild hybrid technology and power outputs of 228 and 282bhp will be available initially and the allroad will come in either Sport trim or as a more comprehensively equipped Vorsprung model.



Audi A6 allroad quattro

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## Football mourns loss of Leyton Orient manager Justin Edinburgh

O's boss Justin Edinburgh, who died age 49 on Saturday  
Photo: David Davies/PA Wire



TRIBUTES have been paid to Leyton Orient manager Justin Edinburgh, who has died at the age of 49 after suffering a cardiac arrest.

The former Tottenham defender was taken to hospital on Monday, just weeks after guiding Orient to promotion back to the Football League.

An Orient statement read: "It is with profound and utmost sadness that Leyton Orient announces its manager Justin Edinburgh has passed away.

"Justin suffered a cardiac arrest last Monday and passed away on Saturday.

"All our thoughts are with Justin's wife Kerri and their children Charlie and Cydnie at this very sad time."

Edinburgh became Orient boss in November 2017 after spells in charge at Newport, Gillingham and Northampton, all of whom sent their condolences.

As a player he won the FA Cup and League Cup during a decade with Spurs while also turning out for Portsmouth and Southend.

Tottenham were quick to pay tribute to their former player, saying on Twitter: "We are deeply saddened and shocked to hear of the passing of Justin Edinburgh.

"Our heartfelt condolences and thoughts go out to his family and friends at this terribly difficult time as well as everyone that worked alongside Justin at Leyton Orient."

His former Spurs team-mate Darren Anderton tweeted: "Can't believe it.. such sad news about Justin..it's not fair. One of the greatest guys you could ever wish to meet. When you were around him, you just laughed and smiled constantly. RIP mate."

Orient chairman Nigel Travis told the club's website: "We are completely heartbroken by this tragedy.

"All our thoughts and love are with the Edinburgh family and we know from the messages that have flooded into the club over the last week that the wider football world will share our sentiments.

"The success that Justin brought to Leyton Orient was incredible, but more importantly the impact he had on us all as a winner and a wonderful, inspirational human being will be his legacy and will stay with us forever."

Orient striker Macauley Bonne tweeted: "There are no words to describe the loss of our gaffer, our leader & inspiration.

"First & foremost, my deepest condolences to Justin's family. He brought us all together - we're eternally grateful for everything you've done."

League Managers' Association chairman Howard Wilkinson said: "Justin will be remembered by all in the game as a true professional.

"A hard-working man who became successful as a player at the highest level of the game and turned his love of football into a life-long career as a coach and as a manager.

"At a time when he should be celebrating the success of his team and preparing for the rewards of league football next season, he has been lost to the game and to his community too soon."

The Professional Footballers' Association said: "We're saddened to hear the news about Justin.

"Our thoughts are with his friends and family and, of course, Leyton Orient at this difficult time."

# RIP BOSS

## More additions to Rangers squad

CONCORD Rangers have continued their huge reshaping programme ahead of the new National South campaign with three more signings arriving at the Aspect Arena.

21-year-old striker, Decarrey Sheriff, has linked up with the Beach Boys following his release from Colchester Utd.

Meanwhile, Beach Boys manager, Danny Scopes, has brought defender, Billy Roast, back to the Canvey-based club.

Roast previously played for Concord during the 2016/17 season. He has also served Colchester Utd and Dartford.

The trio is made up with the addition of impressive Kosovan midfielder, Kreshnic Krasniqi, who arrives from Heybridge Swifts.

And Scopes hasn't stopped with just his squad. The Concord chief has brought in goalkeeping coach Daniel James from Grays Athletic.

Braintree Town have named Glen Driver as their new first-team manager.

Driver arrives at Cressing Road following three impressive campaigns at Leiston. He will be assisted by former Millwall, Tampa Bay Rowdies, Ipswich Town and Doncaster Rovers player, Tony Kinsella.

Speaking about the appointments to the Iron's official website, Braintree chairman, Lee Harding, explained: "Once again we have been spoilt with the calibre of applicants. All of those on our short-list were very able and have had success, but we were impressed with Glen's footballing philosophy.

"He has an excellent network of contacts in the game at our level and is also keen to work with the club as we build for the future. I am confident that he will play a pivotal role in working with our new youth sides to provide a link for those up and coming players to progress into the first team squad."

Driver added: "Really looking forward to it and I'm meeting players from tomorrow onwards. We've got two weeks of tough pre-season training before we get stuck into the pre-season matches.

"I'm also keen to meet the supporters. I'm not going to make outrageous promises other than we'll work hard for you all and give you 100%."

Dagenham & Redbridge have continued to bolster their ranks in anticipation of a National League promotion-push.

The Victoria Road club moved quickly to bring in the left-sided defensive/midfielder Bagasan Graham after the player agreed on terms.

Former Queen's Park Rangers Academy product, Graham, has spent the past two seasons with Ebbsfleet Utd. Previously, he plied his trade with Cheltenham Town and Chelmsford City as well as spending time on loan with Boreham Wood, Gloucester City and Telford Utd.

Chelmsford City have announced the signing of promising striker, Andy Fennell, from Eastern Counties League Division One South outfit Coggeshall United. The 20-year-old frontman hit 33 goals from 52 appearances last term.

Speaking to the Clarets' official website, Fennell enthused: "I'm really looking forward to starting with Chelmsford City.

"I've known Chelmsford for a few years. It's a good Club and I'm hoping to be able to help us get to that next level."

The Daggers have also announced an eye-catching pre-season warm-up fixture with West Ham Utd's under 23 side. The Hammers hopefuls will visit on Friday, July 26 (7:30pm).

Bostik North side, Grays Athletic, has confirmed that popular striker, Denis Oli, has parted company with the club due to a new business venture which hindered his opportunities to offer a full commitment to the Blues.

## Big warm up games for Hammers and Spurs

WEST Ham United and Tottenham Hotspur will face top European opposition as they gear up for the 2019/20 Premier League campaign.

The Hammers welcome La Liga outfit Athletic Bilbao to the London

Stadium - the two sides contesting in the east Londoners annual Betway Cup fixture.

West Ham face the Spanish side on Saturday, August 3 (3pm).

24 hours later on Sunday 4,

Spurs will face Inter Milan at the Tottenham Hotspur Stadium as part of the International Champions Cup.

The north Londoners faced the Italians in on the way to last season's UEFA Champions League

final - going down by the odd goal in three at the San Siro in September 2018, then winning the corresponding fixture at Wembley Stadium two months later thanks to a second-half goal from Christian Eriksen.



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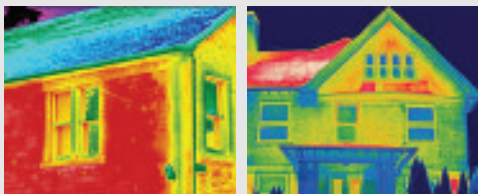
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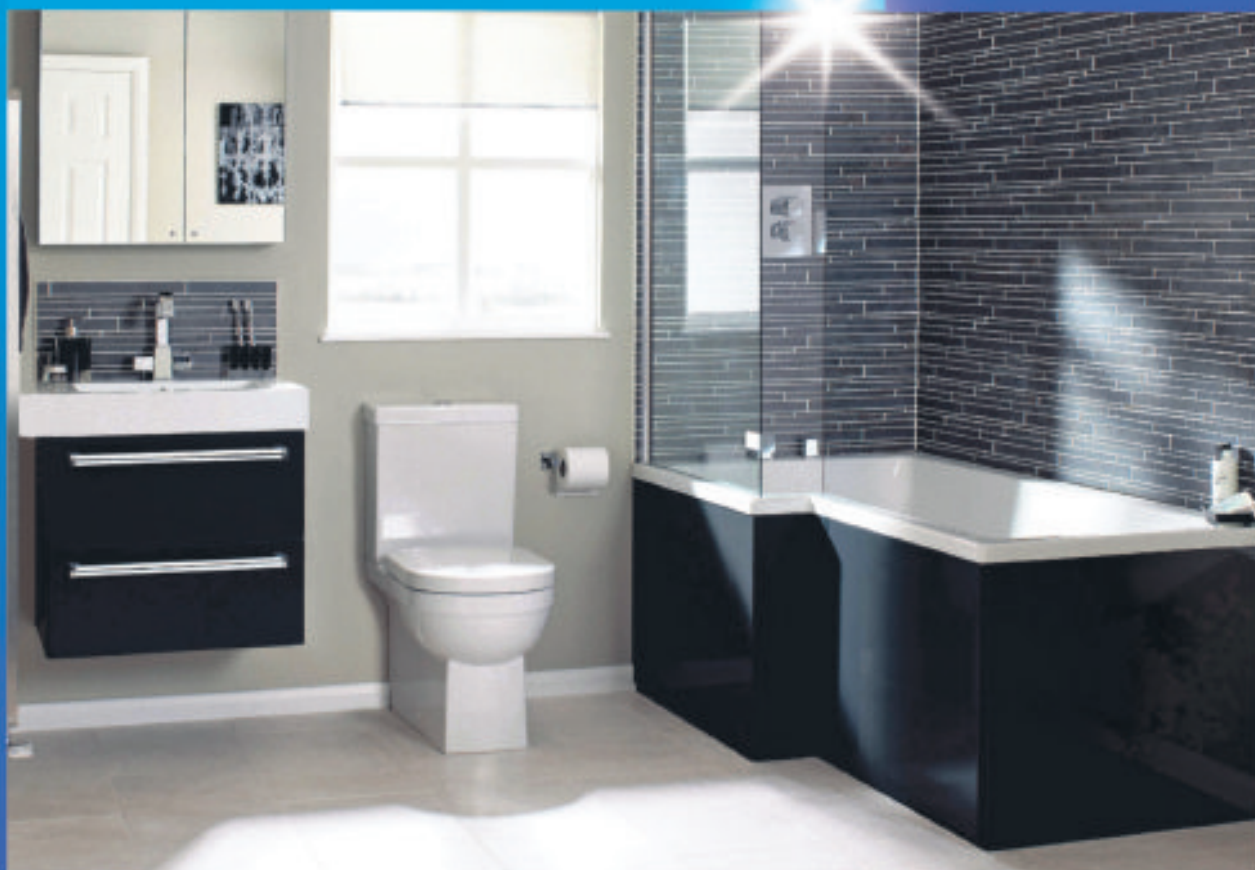
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## STAIRLIFTS

All Terrain Mobility are  
your friendly local stairlift  
company

Are you thinking of having a stairlift fitted? Don't  
use a big national company, until you have  
talked with us...

Here are some reasons to consider using All  
Terrain Mobility, your local stairlift company:

Our engineer lives in Leigh on Sea - no long  
waits or tedious call centres to get through  
when you need service

We can fit even the most complex lifts quickly  
and economically

We do not employ pressure salespeople

We do not ask for a deposit. You pay us only  
when the job is finished to your satisfaction

We do not "pressure" sell expensive extended  
warranties

After your 12 months free warranty you can call  
our local engineers on a one off basis or take  
out a low cost yearly service contract

Call us for a free survey and quotation. We  
have saved some of our customers £1000's,  
especially on more complex curved lifts



## A 'POWER PACK'

TAKES THE STRAIN OUT OF  
PUSHING A WHEELCHAIR!



- Detachable in seconds!
- Up to 10 miles range!
- Free fitting to your chair!

[www.allterrainmobility.co.uk](http://www.allterrainmobility.co.uk)

## RISE & RECLINE CHAIRS



## EXPERT GUIDANCE TO HELP YOU CHOOSE YOUR PERFECT CHAIR

### DAILY LIVING AIDS in stock now

*Just about everything to make life easier!*

Long shoe horns; Elastic shoe laces  
Stocking & sock pullers; **leg lifters**  
Grab rails, **magnifiers**, **blue badge holders**, key safes  
Suction grab rails; **large print** playing cards; **automatic card  
shufflers**; Transfer seats; Perching stools  
**Commodes**, raised toilet seats; Long handled dustpan &  
brush sets; **Two handled tea cups**; **pill boxes**  
Safety beakers;  
**Bed socks**; extra wide slippers;  
Comfort cutlery; Jar & bottle openers;  
One handed tin openers; Good Grips utensils  
Kettle tippers, **tap turners**; **shower stools**  
Bibs, bed protectors, key turners  
**Grabbers** (all sizes); bath steps  
Overbed tables; Overchair tables  
Hot wheat packs;  
**INCONTINENCE PRODUCTS**  
**Elephant's feet** chair raisers...  
TALKING ALARM CLOCKS; pedal exercisers **HUG-ME-  
BETTER BEARS!!**  
Gel therapy balls; **scooter cosies**  
**PAIN-GONE PENS**; swivel cushions;  
Reading rests; Washable slippers,  
**and lots more.....YOU WILL BE AMAZED!!**



## WHEELCHAIRS & WALKERS

WIDE RANGE IN STOCK

Lightweight Aluminium

Wide choice of **colours and styles**

Lightweight travel chairs

**NHS VOUCHERS ACCEPTED**



2015 PEUGEOT PARTNER  
HORIZON 1.6 MANUAL  
VERY LOW MILEAGE  
RAMP, WINCH, AIR CON,  
FULL SERVICE HISTORY  
VERY GOOD CONDITION  
PART EX WELCOME



2013 VW Caddy Maxi  
Automatic, 5 seats +  
wheelchair & occupant,  
LOW MILEAGE  
**Part Exchange  
welcome**